

Abstract 614

TITLE: Prevention Intervention for Native American Youth and Adolescents.

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ISSUES: Steady increase in the STD infection among young people, and increase of HIV infection.

SETTING: Chinle Navajo Nation, Arizona, at schools, worksites, community, and patient. The prevention education is geared toward the general population however an emphasis is on the youth and adolescent.

PROJECT: The goal is to reduce the spread of HIV infection among Native Navajo youth and adolescent. To address this issue, the Navajo Nation HIV/AIDS Code and Policy; Title 13 has been developed by the Navajo Nation AIDS office and passed by the Navajo Tribal Council on October, 1994. This policy has been used as a guide by schools, tribal programs, health care providers, and organizations serving the at risk population. Works in collaboration with the Health Promotion Disease Prevention (HPDP), the Navajo Nation AIDS office (NNAO), the Navajo AIDS Northern Arizona HIV Prevention Planning Group (CPG) and the Native American Committee (NAC), we have provided a number of HIV/AIDS awareness Youth Conferences, AIDS Walks, and presentations at various locations to bring an awareness about HIV/AIDS to the community. A multi-disciplinary team has been formed to conduct these presentations, a Substance Abuse Counselor, Family Planning Counselor, Social Hygiene (STD) Counselor, Aerobic Instructor and a Nutritionist. A series of workshops are conducted for the youth and their parents during the summer vacations throughout the Chinle Agency. Also the results from the Youth Risk Behavior Surveys done by the Bureau of Indian Affairs, and the six Risk Behaviors conducted by CDC have been utilized as a need for this prevention education.

RESULT: Pre/Post tests done at random show a slight increase in knowledge.

LESSON LEARNED: Need parental/teacher involvement to re-enforce the education at home and at school.

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